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Education

Yale University, New Haven, Connecticut, BS Biology, 1977

Brown University Medical School, Providence, RI, MD, 1981

Medical InternshipLong Beach Veterans Hospital, University of California, Irvine,
1981**Residencies**Internal Medicine, Los Angeles County-University of Southern
California Medical Center, 7/83-6/85

Neurology, McGill University Affiliated Hospitals, 7/85-6/88

FellowshipElectroencephalography, Montreal Neurological Institute, McGill
University, 7/88-7/89**Professional Licenses and Board Certifications**

1994 Added Qualification in Clinical Neurophysiology

1989 Diplomate of American Board of Psychiatry and Neurology

1985 Diplomate of American Board of Internal Medicine

Licensed in Connecticut, Massachusetts, and Rhode Island

Professional Memberships

American Epilepsy Society, American Academy of Neurology,
American College of Physicians

Clinical Appointments

1998-1999 Clinical Associate Professor of Neurology, Brown
University

1996-1997 Clinical Assistant Professor, Department of Medicine
and Neurology, School of Medicine, University of North Carolina
at Chapel Hill

1994-1997 Adjunct Associate Professor of Psychology, University
of North Carolina, Charlotte

Clinical Practice

2011 Neurohospitalist locum tenens

2009-2011 Neurohospitalist, Lawrence and Memorial Hospital,
New London, CT

1989-1997 Neurologist, Carolina Neurological Clinic, 1001 Blythe
Blvd, Suite 601, Charlotte, NC 28203

1991-1997 Medical Director, Carolinas Epilepsy Center, Carolinas
Medical Center, Charlotte, NC

1991-1997 Part-time Faculty, Department of OB-GYN, Epilepsy
and Pregnancy Clinic, Carolinas Medical Center, Charlotte, NC

7/82-6/83 Emergency Room Physician, Bellwood General
Hospital, Bellflower, California

Current Activities

Freelance Medical Writer/Editor. Medscape Neurology and
Epilepsy Columns, Medical Advisory Board for Accordant Health
Services, Inc., Neurology Advisory Board for Vivicare, and
Medical Coordinator for Lingkod Timog. Reviewer for *Annals of
Internal Medicine (Top 10%, 2007)*, *Epilepsia*, *Epilepsy and
Behavior*, *Medical Economics*, and *Neurology*. Berlitz English
teacher.

Basic Cardiac Life Support: January 2011

Research

1. Evaluation of equivalency of generic and brand name antiepileptic drugs 2002-present.
2. Investigator-an evaluation of lamotrigine versus carbamazepine, phenytoin, or divalproex sodium as monotherapy treatment for epilepsy patients who have failed a previous course of antiepileptic drug therapy, 5/98-1/99.
3. Investigator-a multivariate analysis of health status scores in patients with epilepsy, 7/22/97-1/1/98.
4. Investigator-rufinamide in generalized epilepsy, 3/97-12/97.
5. Investigator-ganaxolone in infantile spasms, 6/96-97.
6. Investigator-oxcarbazepine pediatric study, 6/96-12/97.
7. Investigator-UCB LO59, 9/94-12/97.
8. Investigator-vigabatrin, 9/94-12/97.
9. Investigator-vagal nerve stimulator, E04, 9/94-9/97.
10. Investigator-tiagabine phase III clinical trial, 1/93-12/97.
11. Investigator-gabapentin, 9/94-8/95.
12. Investigator-felbamate compassionate use antiepileptic drug program, 8/92-8/93.
13. Investigation of evoked potential response to auditory and electrical stimuli in teleost and elasmobranch fish. Post-doctoral scholar in neurophysiology at Scripps Institute of Oceanography, La Jolla, California, 7/84-9/84.
14. Stroboscopic applications to hydrodynamics study of swimming fish, *Brachydanio rerio* and *Carassius auratus*. Yale University Biology Department, 1/76-1/77.
15. Direct measurement with miniature pressure transducers and accelerometers of stresses encountered by swimming fish, *Pomatomus saltatrix*. Marine Biological Laboratory, Woods Hole, Massachusetts and the John B. Pierce Foundation, New Haven, Connecticut, 6/76-9/76.
16. Study of renal lithiasis at Yale Medical School, 5/75-8/75.

17. High speed cinematography used to investigate jaw mechanics of the primitive teleost fishes, the Osteoglossoidei. Yale Biology Department, 1/74-8/75.
18. Research assistant on specimen collecting trip through Central America to Panama, 1/74-8/74.
19. Research assistant at the Woods Hole Oceanographic Institution, Woods Hole, Massachusetts, 3/73-9/73.

Books

1. *Epilepsy in Clinical Practice*. Demos Medical Publications, New York, November, 2000.
2. *Epilepsy: 199 Answers (A Doctor Responds to His Patients' Questions)*. Demos Vermande, New York, September, 1996, second edition, 2003, third edition, 2008.

Publications

1. Harden CL, Hopp J, Ting TY, Pennell PB, French JA, Hauser WA, Wiebe S, Gronseth GS, Thurman D, Meador KJ, Koppel BS, Kaplan PW, Robinson JN, Gidal B, Hovinga CA, Wilner AN, Vazquez B, Holmes L, Krumholz A, Finnell R, Le Guen C. Practice parameter update: Management issues for women with epilepsy- Focus on pregnancy (an evidence-based review): Obstetrical complications and change in seizure frequency: Report of the Quality Standards Subcommittee and Therapeutics and Technology Assessment Subcommittee of the American Academy of Neurology and American Epilepsy Society. *Neurology* 2009;73:126-132.
2. Harden CL, Meador KJ, Pennell PB, Hauser WA, Gronseth GS, French JA, Wiebe S, Thurman D, Koppel

- BS, Kaplan PW, Robinson JN, Hopp J, Ting TY, Gidal B, Hovinga CA, Wilner AN, Vazquez B, Holmes L, Krumholz A, Finnell R, Hirtz D, Le Guen C. Practice parameter update: Management issues for women with epilepsy-Focus on pregnancy (an evidence-based review): Teratogenesis and perinatal outcomes: Report of the Quality Standards Subcommittee and Therapeutics and Technology Assessment Subcommittee of the American Academy of Neurology and American Epilepsy Society. *Neurology* 2009;73:133-141.
3. Harden CL, Pennell PB, Koppel BS, Hovinga CA, Gidal B, Meador KJ, Hopp J, Ting TY, Hauser WA, Thurman D, Kaplan PW, Robinson JN, French JA, Wiebe S, Wilner AN, Vazquez B, Holmes L, Krumholz A, Finnell R, Shafer PO, Le Guen C. Practice parameter update: management issues for women with epilepsy-Focus on pregnancy (an evidence-based review): Vitamin K, folic acid, blood levels, and breastfeeding: Report of the Quality Standards Subcommittee and Therapeutics and Technology Assessment Subcommittee of the American Academy of Neurology and American Epilepsy Society. *Neurology* 2009;73:142-149.
 4. Patel NC, Landan IR, Levin J, Szaflarski J, Wilner AN. The use of levetiracetam in refractory status epilepticus. *Seizure* 2006;15(3):137-41.
 5. Wilner AN. Therapeutic equivalency of generic antiepileptic drugs-results of a survey. *Epilepsy and Behavior* 2004;5/6:995-998.

6. French JA, Kanner AM, Bautista J, Abou-Khalil B, Browne T, Harden CL, Theodore WH, Bazil C, Stern J, Schachter SC, Bergen D, Hirtz D, Montouris GD, Nespeca M, Gidal B, Marks WJ Jr, Turk WR, Fischer JH, Bourgeois B, Wilner, A, Faught RE Jr, Sachdeo RC, Beydoun A, Glauser TA; Therapeutics and Technology Assessment Subcommittee of the American Academy of Neurology; Quality Standards Subcommittee of the American Academy of Neurology; American Epilepsy Society. Efficacy and tolerability of the new antiepileptic drugs I: treatment of new onset epilepsy: report of the Therapeutics and Technology Assessment Subcommittee and Quality Standards Subcommittee of the American Academy of Neurology and the American Epilepsy Society. *Neurology* 2004;62(8):1252-60.
7. French JA, Kanner AM, Bautista J, Abou-Khalil B, Browne T, Harden CL, Theodore WH, Bazil C, Stern J, Schachter SC, Bergen D, Hirtz D, Montouris GD, Nespeca M, Gidal B, Marks WJ Jr, Turk WR, Fischer JH, Bourgeois B, Wilner A, Faught RE Jr, Sachdeo RC, Beydoun A, Glauser TA; Therapeutics and Technology Assessment Subcommittee of the American Academy of Neurology; Quality Standards Subcommittee of the American Academy of Neurology; American Epilepsy Society. Efficacy and tolerability of the new antiepileptic drugs II: treatment of refractory epilepsy; report of the Therapeutics and Technology Assessment Subcommittee and Quality Standards Subcommittee of the American

Academy of Neurology and the American Epilepsy Society. *Neurology* 2004;62(8):1261-73.

8. French JA, Kanner AM, Bautista J, Abou-Khalil B, Browne T, Harden CL, Theodore WH, Bazil C, Stern J, Schachter SC, Bergen D, Hirtz D, Montouris GD, Nespeca M, Gidal B, Marks WJ, Turk WR, Fischer JH, Bourgeois B, Wilner A, Faught RE, Sachdeo RC, Beydoun A, Glauser TA. Efficacy and tolerability of the new antiepileptic drugs, I: Treatment of new-onset epilepsy: Report of the TTA and QSS subcommittees of the American Academy of Neurology and the American Epilepsy Society. *Epilepsia* 2004;45:401-409.
9. French JA, Kanner AM, Bautista J, Abou-Khalil B, Browne T, Harden CL, Theodore WH, Bazil C, Stern J, Schachter SC, Bergen D, Hirtz D, Montouris GD, Nespeca M, Gidal B, Marks WJ, Turk WR, Fischer JH, Bourgeois B, Wilner A, Faught RE, Sachdeo RC, Beydoun A, Glauser TA. Efficacy and tolerability of the new antiepileptic drugs, II: Treatment of refractory epilepsy: Report of the TTA and QSS subcommittees of the American Academy of Neurology and the American Epilepsy Society. *Epilepsia* 2004;45:410-423.
10. Wilner AN. Physicians underestimate the frequency of generic carbamazepine substitution: results of a survey and review of the problem. *Epilepsy and Behavior* 2002; 13(6):522-525.
11. Sheen VL, Dixon PH, Fox JW, Hong SE, Kinton L, Sisodiya SM, Duncan JS, Dubeau F, Scheffer IE, Schachter SC, Wilner A, Henchy R, Crino P, Kamuro K,

- DiMario F, Berg M, Kuzniecky R, Cole AJ, Bromfield E, Biber M, Schomer D, Wheless J, Silver K, Mochida GH, Berkovic SF, Andermann F, Andermann E, Dobyns WB, Wood NW, Walsh CA. Mutations in the X-linked filamin 1 gene cause periventricular nodular heterotopia in males as well as in females. *Hum Mol Genet* 2001;10(17):1775-83.
12. Glauser TA, Nigro M, Sachdeo R, Pasteris LA, Weinstein S, Abou-Khalil B, Frank LM, Grinspan A, Guarino T, Bettis D, Kerrigan J, Geoffroy G, Mandelbaum D, Jacobs T, Mesenbrink P, Kramer L, D'Souza J, and the Oxcarbazepine Pediatric Study Group. Adjunctive therapy with oxcarbazepine in children with partial seizures. *Neurology* 2000;54:2237-2244 (participant).
 13. Cereghino JJ, Biton V, Abou-Khalil B, Dreifuss F, Gauer LJ, Leppik, I and the United States Levetiracetam Study Group: Levetiracetam for partial seizures. Results of a double-blind, randomized clinical trial. *Neurology* 2000;55:236-242 (participant).
 14. Wilner AN, Raymond, KH and Pollard, RJ: Topiramate and metabolic acidosis. *Epilepsia* 1999;40:792-795.
 15. Schachter SC, Ito M, Wannamaker B, Rak I, Ruggles K, Wilner A, Jackel R, Gilliam F, Morris G, Skantz J, Sperling M, Buchhalter J, Drislane F, Ives J, Schomer D: Incidence of spikes and paroxysmal rhythmic events in overnight ambulatory computer-assisted EEGs of normal subjects: a multicenter study. *J. Clinical Neurophysiology* 1998;15:251-255.

16. The STIPAS Investigators: Safety study of tirilazad mesylate in patients with acute ischemic stroke (STIPAS). *Stroke*, 1994, Vol. 25, No. 2, pp. 418-423 (participant).
17. Wilner AN and Bream PR: Status epilepticus and pseudostatus epilepticus. *Seizure*, 1993;2:257-260.
18. Gewitz H, Wilner A, Garriepy S, Ree HJ, and Most A: A diagnosis of left-ventricular mural thrombus by means of radionuclide ventriculography. *J. of Nuclear Medicine*, 1981, 22:610-612.
19. Skinner HCW, Osbaldiston GW, and Wilner AN: Monohydrocalcite in a guinea pig bladder stone, a novel occurrence. *American Mineralogist*, 1977, 62:273-277.

Abstracts

1. Wilner A, Elixhauser A. Increase in hospitalizations for epilepsy from 2000 to 2006. *Epilepsia* 2008.
2. Wilner AN: International League Against Epilepsy creates online discussion group. *Epilepsia* 2006, Vol 47, Suppl 4.
3. Wilner AN: Results of switching to generic antiepileptic drugs in the treatment of epilepsy. *Epilepsia* 2004, Vol 45, Suppl. 7, p. 138.
4. Wilner AN: Physicians underestimate the frequency of generic carbamazepine substitution: results of a survey and review of the problem. *Epilepsia* 2002, Vol. 43, Suppl. 7, p. 203.
5. Wilner AN and Eisenberg DP: Repeat electroencephalograms in patients presenting with syncope versus seizure. *Epilepsia*, 1999, Vol. 40, Suppl. 7, p. 166.
6. Wilner AN and Bivens JG: Efficacy, tolerability, and weight loss in adults with intractable epilepsy on the ketogenic diet. *Epilepsia*, 1998, Vol. 39, Suppl. 6, p. 195.

7. Dodson WE, Bourgeois BFD, Shields WD, Kerrigan JF, Bluestone DL, Nelson TY, Wilner AN, Pellock JM, Morton LD, Densel MB, Lee DA, Monaghan EP: Ganaxalone in the treatment of refractory infantile spasms. Dublin Epilepsy Meeting, June, 1997.
8. Wilner AN, Band-Presnell A, Dozier F, Tarver WB: Magnet activation of the vagal stimulator provides additional seizure control. *Epilepsia*, 1996, Vol. 37, Suppl. 5, p. 92.
9. Connell BE, Wilner AN: MMPI-2 distinguishes intractable epilepsy from pseudoseizures: a replication. *Epilepsia*, 1996, Vol. 37, Suppl. 5, p. 19.
10. Wilner AN, Arnold PB, Ballinger WE: Relative value of PET and SPECT in presurgical epilepsy patients. *Epilepsia*, 1995, Vol. 36, Suppl. 4, p.14.
11. Connell BE, Wilner AN: Assessment of personality, adjustment to seizures, and quality of life in patients with intractable epilepsy versus pseudoseizures. *Epilepsia*, 1995, Vol. 36, Suppl. 4, p.101.
12. Connell BE, Harver A, Tebbutt D, Wilner AN: Assessment of quality of life by QOLI and QOLIE yields differential effects in patients with intractable epilepsy vs pseudoseizures. *Archives of Clinical Neuropsychology*, 1996, Vol. 11, No. 5, pp. 377-378.
13. Tebbutt D, Harver A, Wilner AN: Evaluating quality of life in difficult epilepsy with the QOLIE-89: Comparisons between seizure and pseudoseizure patients. *Epilepsia*, 1995, Vol. 36, Suppl. 4, p. 102.
14. Wilner AN, Farkouh M: Pseudoseizures in the elderly. *Epilepsia*, 1994, Vol. 35, Suppl. 8, p.11.
15. Brockway JP, Follmer RL, Wilner AN, Naegele CS: Temporal lobe epilepsy adversely affects the long-term ability to see a face and say the name of this face: *Epilepsia*, 1994, Vol. 35, Suppl. 8, p. 74.
16. Bustamente D, Harver A, Wilner A: Intellectual function, psychopathology, and psychosocial assessment in

- epilepsy and pseudoseizure: A prospective evaluation. *Epilepsia*, 1994, Vol. 35, Suppl. 8, p. 78.
17. Wilner AN, Loring C, Connell B, Arnold PB: Gender ratio of nonepileptic seizures varies as a function of age. *Epilepsia*, 1993, Vol. 34, Suppl. 6, p. 29.
 18. Wilner AN, Connell B: Correct prediction of right and left temporal lobe seizure foci using tests of design and verbal learning. *Epilepsia*, 1993, Vol. 34, Suppl. 6, p. 87.
 19. Stewart JD, Wilner A: Are new F-response parameters more sensitive in detecting abnormalities than the traditional minimal latency measurements and which new parameters are the most sensitive? (AAEE, San Diego, 1988).
 20. DuBois AB, Fox RS, Wilner AN: Gravitational tolerance in Bluefish (*Pomatomus saltatrix*). *Federation Proceedings*, 1977, No. 3, 36:443.
 21. DuBois AB, Fox RS, Wilner AN, Lambertson RH: Blood pressure and locomotion in Bluefish (*Pomatomus saltatrix*). *Biological Bulletin*, 1976, No. 2, 151:407.

Fiction

1. The one that got away. *Toowrite.com*; 2002; www.toowrite.com/comp6/0152.shtml.
2. That's it! *Neurology*, 2002, Vol. 58, No. 1, p. 152.
3. At the doctor's office, *Annals of Internal Medicine*, 1995, Vol. 123, No. 5, p. 388.
4. Michael LaCombe, Ed. *On being a doctor*, Her daughter in my office. American College of Physicians, 1995.
5. A class revisited, *Mediphors*, Spring 1994, No. 3, p. 54.
6. The smile, *Mediphors*, Spring 1993, No. 1, p. 31.
7. Her daughter in my office, *Annals of Internal Medicine*, 1992, Vol. 116, No. 12, p. 1031.
8. Jessica Bryan, Ed. *Love is ageless, I know, Dr. Alzheimer*, Serala Press, Oakland, California, 1987, pp. 9-14.
9. Life with Harry, *The Yale Literary Magazine*, 1977, Vol. 146, No. 1, p. 28.

Films

1. The Last Sentence (2005) (Screenplay) (2005 Newport International Film Festival-open call)
2. Polar Bear Plunge (2006) (Documentary 16.5 minutes) (2006 Newport International Film Festival-open call)

Other Publications

1. Section editor for *Atlas of Epilepsies*, Panayiotopoulos, CP (editor) Springer, 2010 (Hardcover, 3 volume set), <http://www.springer.com/medicine/neurology/book/978-1-84882-127-9>.
2. Guest Co-Editor with Selim Benbadis, MD, of a Special Focus issue of the journal *Therapy*, published by Future-Medicine.com, on emerging treatment/management strategies in epilepsy (in preparation).
3. Book Review. The treatment of epilepsy. 3rd ed. Shorvon S, Perucca E, Engel Jr., J. Wiley-Blackwell, Chichester, 2009. *Epilepsy and Behavior* 2009, Volume 17, Issue 1, January 2010, pages 130-131.
4. Letter to the Editor. Lost in a Jungle of Evidence: We need a Compass; Practice Parameter and Technology Assessments: What They Are, What They Are Not, and Why You Should Care. *Neurology* 2009;73(16): 1337. (October, 2009) <http://www.neurology.org/cgi/content/full/73/16/1337?etoc>.
5. Guest Editor for *Pharmaceuticals* special issue on Generic Drugs, April 2010 http://www.mdpi.com/search/?s_journal=pharmaceuticals&s_special_issue=636
6. New York Presbyterian Hospital Psychiatry Newsletter, Fall, 2008.
7. New York Presbyterian Hospital Neuroscience Newsletter, Fall, 2008.

8. Case 101. If At First You Don't Succeed...In:Puzzling Cases of Epilepsy, 2nd Edition, Editors Dieter Schmidt, Steven C. Schachter, Elsevier Inc, Academic Press, 2008
9. The death of Churchill. *Woods Hole Currents* 2005;10(4):15.
10. A guide to controlling seizures. *Living with Epilepsy* 2004;5(4):4-6.
11. New director lands at bird sanctuary. *Newport This Week*, April 1, 2004.
12. Letter to the editor. *Alert Diver*, March/April, 2004, pp 4-5.
13. Winter is prime time for seal spotting. *Newport This Week*, January 8, 2004, pp 6, 23.
14. Physicians and the press: What to say, what not to say. *Medical Economics*, July 11, 2003;80:87.
15. Book Review. Lucky Man: A Memoir. *Journal of American Medical Association* 2002;288:2337-8.
16. Schachter SC and Schmidt D, editors. *110 Puzzling Cases of Epilepsy*, pp. 168-171. Martin Dunitz Ltd, London, 2002.
17. When it's right to be wrong. *Cortlandt Forum*, June 1999, Volume 12, Number 6, p. 71.
18. New medication options for patients with epilepsy. *Medicine and Health/Rhode Island*, December 1998, Volume 81, Number 12, pp. 406-7.
19. Schachter SC and Rowan AJ, editors: *The Brainstorms Healer*, pp. 64-66, Lippincott-Raven, Philadelphia, PA, 1998.
20. Ask the doctor. *Charlotte Observer*, January 13, 1997.
21. Lessons of a dilated pupil. *Cortlandt Forum*, May 1996, Volume 9, Number 5, pp. 146-7.
22. Downside of generics isn't news to MD's. *Charlotte Observer*, March 28, 1996 (letter).
23. Walking wounded. *Cortlandt Forum*, February 1996, Volume 9, Number 2, p. 61.
24. When one diagnosis is not enough. *Cortlandt Forum*, December 1995, Volume 8, Number 12.
25. Ask the doctor. *Charlotte Observer*, October 16, 1995.

26. Online: Diagnosis and Information via the Internet. *Mecklenburg County Medical Society Bulletin*, October 1995, p. 17.
27. Info highway lets doctors pool our skills. *Charlotte Observer*, Thursday, July 13, 1995.
28. An elderly woman with acute altered mental status. *Physician Assistant Magazine*, November 1995, Volume 19, Number 11.
29. 'Small' spells are also seizures. *Cortlandt Forum*, February 1995, Volume 8, Number 2 (letter).
30. Book Review, *Journal of American Medical Association*, 1995, Volume 273, Number 10, p. 823.
31. Ask the doctor. *Charlotte Observer*, January 2, 1995.
32. The healing hand. *North Carolina Medical Journal*, December 1994, Volume 55, Number 12.
33. Book review. *Journal of American Medical Association*, 1994, Volume 271, Number 3, p. 246.
34. Wilner AN: Efficacy of felbamate monotherapy. *Annals of Neurology*, June 1993, Volume 33, Number 6, p. 661 (letter).
35. Ask the doctor. *Charlotte Observer*, April 5, 1993.
36. There's magic mingling with the manatees. *Charlotte Observer*, Thursday, April 1, 1993.
37. Book review. *Journal of American Medical Association*, 1992, volume 267, Number 11, pp. 1540-1.
38. Editors, Matthews PM, Arnold DL. *Diagnostic tests in neurology*. Book chapter, Evoked potentials in the evaluation of visual and auditory pathways. Churchill-Livingstone, 1991.
39. Running into trouble. *Cortlandt Forum*, September 1992, p. 66.
40. Ask the doctor. *Charlotte Observer*, March 25, 1991.

Applied Neurology

1. Is there a BENEFIT to treating CIS early? July 2007;3(7):41-42.

2. Hedonistic homeostatic dysregulation syndrome: Too much of a good thing? 2006;1(10):35-36.
3. Advances in neurorehabilitation: Turning thoughts into action. July 2006, pp D3, D4, D6.
4. New vs old AEDs. 2005;1 (11):14-26.

CNS News

1. Overinterpretation of EEGs leads to misdiagnosis of epilepsy. May 2008, Vol 10, No 1, p 13.
2. FDA: Antiepileptic drugs increase risk for suicide. May 2008, Vol 10, No 1, p 13.
3. Genetic heterogeneity of MS patients influences response to β -interferon. May 2008, Vol 10, No 1, p 9.
4. Autism susceptibility gene identified. April 2008, Vol 10, No 4, p 7.
5. Minocycline improves stroke outcomes. April 2008, Vol 10, No 4, p 13.
6. Phase II trial of methotrexate shows positive outcomes for some lymphoma patients. April 2008, Vol 10, No 4, p 14.
7. SANAD study offers recommendations for partial, generalized, unspecialized seizure treatment. April 2008, Vol 10, No 4, p 15.
8. Study: air pressure does not affect seizure frequency. April 2008, Vol 10, No 4, p 15.
9. Childhood mood problems may occur in epilepsy. February 2008, Vol 10, No 2, p 1,7,8.
10. Familial and sporadic hemiplegic migraine share genetic link. February 2008, Vol 10, No 2, p 11.
11. Interferon beta-1b delays disability in BENEFIT study. February 2008, Vol 10, No 2, p 11.
12. Developmental delay associated with antiepileptic drugs in India. October 2007, Vol 9, No 10, p 35.
13. Genetic polymorphism speeds carbamazepine metabolism. October 2007, Vol 9, No 10, p 18.

14. Antiepileptic drug prescriptions often not refilled. October 2007, Vol 9, No 10, p 18.
15. Researchers find sleep disturbances common in menopause. October 2007, Vol 9, No 10, p 12, 17.
16. Brief test of wakefulness effective in healthy subjects. October 2007, Vol 9, No 10, p 12.
17. Study shows strong link between shift work, poor sleep in police officers. October 2007, Vol 9, No 10, p 12.
18. Study confirms efficacy of rotigotine patch in calming restless legs. September 2007, Vol 9, No 9, p 10.
19. STOP questionnaire screens sleep apnea preoperatively. September 2007, Vol 9, No 9, p 10.
20. Premenstrual dysphoric disorder found to be common in epilepsy. August 2007, Vol 9, No 8, p 1, 29.
21. Few individuals with nonepileptic seizures have true epilepsy. August 2007, Vol 9, No 8, p 28, 30.
22. AAN tackles issue of generic antiepileptic drugs. July 2007, Vol 9, No 7, p 10, 11.
23. Involuntary emotional expression disorder underdiagnosed. July 2007, Vol 9, No 7, p 15.
24. Small study supports theory that meditation can improve seizure control. June 2007, Vol 9, No 6, p 16, 30.
25. Stat EEGs expose subclinical status epilepticus. May 2007, Vol 9, No 5, p 20.
26. Inadequate vitamin D levels found in children with intractable epilepsy. May 2007, Vol 9, No 5 p 20, 39.
27. Sleep disturbances are common comorbidities in epilepsy patients. May 2007, Vol 9, No 5, p 21.
28. Deep brain stimulation lowers medication costs in men in small study. May 2007, Vol 9, No 5, p 34.
29. Teens with epilepsy shun group sports. April 2007, Vol 9, No 4, p 1, 29.
30. Impulse dyscontrol may occur in patients with Parkinson's disease. April 2007, Vol 9, No 4, p 1, 29.

31. Cognitive impairment decreases function in Parkinson's disease. April 2007, Vol 9, No 4, p 6.
32. Gene associated with seizure susceptibility. April 2007, Vol 9, No 4, p 11.
33. Study: Epilepsy treatment improves language function in children. April 2007, Vol 9, No 4, p 12, 23.
34. New onset juvenile myoclonic epilepsy associated with cognitive deficits. April 2007, Vol 9, No 4, p 13.
35. Wireless EEG speeds diagnosis of epilepsy in the emergency room. April 2007, Vol 9, No 4, p 13.
36. Elevated tumor necrosis factor found in cerebrospinal fluid of autistic children. April 2007, Vol 9, No 4, p 18.
37. Human endogenous retrovirus-K18 increases risk for multiple sclerosis. April 2007, Vol 9, No 4, p 24.
38. Study sheds light on genetics of severe multiple sclerosis. April 2007, Vol 9, No 4, p 24.
39. Neutralizing antibodies block effects of MS therapy. April 2007, Vol 9, No 4, p 25.
40. eNos gene associated with vasospasm. March 2007, Vol 9, No 3, p 10.
41. Continuous EEG monitoring assists in subarachnoid hemorrhage prognosis. March 2007, Vol 9, No 3, p 10.
42. Screening tool reveals depression in epilepsy patients. March 2007, Vol 9, No 3, p 18, 34.
43. C-reactive protein predicts brain edema. March 2007, Vol 9, No 3, p 23.
44. Gamma knife surgery decreases seizures, preliminary data suggest. March 2007, Vol 9, No 3, p 24.
45. Atkins diet may decrease seizures in patients with intractable epilepsy. March 2007, Vol 9, No 3, p 24.
46. Psychiatric history affects epilepsy surgery outcome. March 2007, Vol 9, No 3, p 27.
47. Metabolic disease common in severe pediatric epilepsy. March 2007, Vol 9, No 3, p 27.

48. Underestimated ADHD prevalence seen in pediatric epilepsy. February 2007, Vol 9, No 2, p 1, 10.
49. TAT associated with stroke outcome. February 2007, Vol 9, No 2, p 26.
50. Impulse dyscontrol may occur in patients with Parkinson's disease. February 2007, Vol 9, No 2, p 27.
51. PET shown to differentiate dementia types. January 2007, Vol 9, No 1, p 22, 23.
52. Acute stroke often followed by seizures in children October 2006, Vol 8, No 10, p 14.
53. Study examines rates of carotid imaging in TIA and stroke. October 2006, Vol 8, No 10, p 14, 15.
54. Low yield seen for echocardiography in ischemic stroke. October 2006, Vol 8, No 10, p 15.
55. Early treatment with spinal cord stimulation likely to succeed. October 2006, Vol 8, No 10, p 40.
56. Sleep apnea symptoms slip by the QOLIE 89. September 2006, Vol 8, No 9, p 35.
57. Sleep apnea may impair stroke recovery-at least on imaging. September 2006, Vol 8, No 9, p 35.
58. Stroke recovery not affected by presence of comorbidities, study shows. September 2006, Vol 8, No 9, p 36.
59. Extreme blood pressure a poor prognostic sign after stroke. September 2006, Vol 8, No 9, p 36.
60. Study described idiopathic intracranial hypertension in children. September 2006, Vol 8, No 9, p 34.
61. Rapid relief of migraine and Allodynia seen with occipital nerve block. September 2006, Vol 8, No 9, p 28.
62. ALS patients at high risk of deep vein thrombosis. September 2006, Vol 8, No 9, p 39.
63. Splitting headache experts: The debate over migraine surgery. September 2006, Vol 8, No 9, p 1, 30, 31.
64. Oral contraceptive use associated with less disability in MS. August 2006, Vol 9, No 8, p 1, 25.

65. Interferon delays development of multiple sclerosis. August 2006, Vol 9, No 8, p 25.
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3. Advances in epilepsy treatment: Monotherapy and adjunctive therapy. From data presented at the American Epilepsy Society (AES) 57th Annual Meeting, December 5-10, 2003, Boston, Massachusetts.
 4. Advances in the treatment of depression: Studies indicate SSRI is as effective as and better tolerated than SNRI. From data presented at the 156th Annual Meeting of the American Psychiatric Association (APA), May 17-22, 2003, San Francisco, California.
 5. Partial agonism: An innovative approach to the treatment of psychosis. From data presented at the 156th Annual Meeting of the American Psychiatric Association (APA), May 17-22, 2003, San Francisco, California.
 6. Neuroimaging may suggest implications for neuroprotection. From data presented at the American Academy of Neurology (AAN) 55th Annual Meeting, March 29-April 5, 2003, Honolulu, Hawaii.
 7. New Studies Highlight Practical Advantages of Anti-Epileptic Drugs. From data presented at the 56th Annual Meeting of the American Epilepsy Society. December 6-11, 2002, Seattle, Washington.
 8. The First One-Year Head-to-Head Trial of Acetylcholinesterase Inhibitors. From data presented at the 6th Congress of the European Federation of Neurological Societies (EFNS). October 26-29, 2002, Vienna, Austria
 9. AED Treatment Options: Expert Commentary on Anticonvulsant Therapy. From expert interviews presented at the 56th Annual Meeting of the American Epilepsy Society, December 6-11, 2002, Seattle, Washington.

CME Programs

Psychosocial and cognitive aspects of MS: Volume 3, January 2011, <http://www.medscape.org/viewprogram/31874>

AAN2010: Pitfalls of multiple sclerosis-approved therapies-safety and switching. <http://cme.medscape.com/viewarticle/722567>.

Key Findings in Multiple Sclerosis Presented at the 60th Annual Meeting of the American Academy of Neurology: May 30th, 2008. <http://www.medscape.com/viewprogram/14659>.

Highlights from the World Stroke Conference 2008, <http://cme.medscape.com/viewprogram/18729>.

Excessive Sleepiness: Winter 2007-2008. CME, March, 2008. <http://www.medscape.com/viewprogram/8811>.

Journal Scan-Sleep medicine. CME program. <http://www.medscape.com/viewarticle/512695>.

Recognizing and Treating Excessive Sleepiness in Primary Care: Characteristics and Consequences, August 30, 2007. <http://www.medscape.com/viewprogram/7709>.

Epilepsy and the Elderly. Medsite. Selim Benbadis, MD, Joseph Sirven, MD, Andrew Wilner, MD, FAAN, FACP- http://www.medsitecme.com/source/casedescriptionpage.asp?sectionid=16&caseid=339&channelid=27&casenumber=5&ChannelName=Adult+Epilepsy&case_status=1. CME 1.0 hours Category 1 credit. July 2006.

American Academy of Neurology 2006, San Diego, CA. Epilepsy diagnosis and management. CME Conference report. <http://www.medscape.com/viewarticle/536363>.

American Academy of Neurology 57th Annual meeting.
 Conference report. Current Perspectives in Insomnia. Volume 5.
 CME program. http://www.medscape.com/viewprogram/4148_pnt.

Pediatric epilepsy: 2 cases. CMEZone.com. CNS News. Authors:
 Selim Benbadis, MD, Andrew Wilner, MD, FAAN, FACP.
 CME 1.0 hours Category 1 credit. December 2005.

Diagnostic and treatment considerations in women with epilepsy: 2
 cases. CMEZone.com. CNS News, September 2005. Authors:
 Lakshmi Nadiminti, DO, Andrew Wilner, MD, FAAN, FACP.
 CME: 1.0 hours Category 1 credit.

Special Report: Reducing the risk of falls in the long-term care
 setting. Gilden, J and Wilner, A. CME program (unrestricted
 educational grant from Shire, US). January 2003.

Conference Report-Highlights of the American Psychiatric
 Association 56th Institute on Psychiatric Services.
<http://www.medscape.com/viewarticle/495341?src=sr>.

The epilepsy continuum: From age to age.
<http://www.medscape.com/viewprogram/3454?src=search>

National Institutes of Health and National Institute of Neurologic Disorders and Stroke

1. Medical conference summary for “A workshop on antiepileptic
 drug monotherapy indications, March 8, 9, 2001. *Epilepsia*
 2002;43 (Suppl 10):S1-S27.

Epilepsy Foundation of America

1. Project Access Report (2009)
2. Mood Disorders Fact Sheets, August 2005.

3. Epilepsy and Bone Health, Physician and Patient Fact Sheets, April, 2004.
4. Medical conference summary for “Epilepsy and Mood Disorders Initiative”, November 2-3, 2003, Alexandria, VA.
5. Medical conference summary for “Living Well with Epilepsy II”, July 30, 31, 2003, Baltimore MD.

American Academy of Neurology

1. Medical writer for Practice Parameter of Women and Epilepsy (see publications)
2. Medical writer for Practice Parameters for Parkinson’s disease:
 - a) Diagnosis and prognosis of new onset Parkinson disease. *Neurology* 2006;66:968-975.
 - b) Neuroprotective strategies and alternative therapies for Parkinson disease. *Neurology* 2006;66:976-982.
 - c) Treatment of Parkinson disease with motor fluctuations and dyskinesia. *Neurology* 2006;66:983-995.
 - d) Evaluation and treatment of depression, psychosis, and dementia in Parkinson disease. *Neurology* 2006;996-1002.
3. Medical writer and author for Practice Parameter on new AEDs I, *Neurology*, 2004 (see publications).
4. Medical writer and author for Practice Parameter on new AEDs II, *Neurology*, 2004 (see publications).

Invited Presentations

1. *Medical Writing*. Lecture to physicians preparing their Masters of Public Health theses. Ateneo de Zamboanga University Medical School, Zamboanga, Philippines, 2/28/08.
2. *Medical Ethics and Medical Missions*. Second year medical school class at Pamantasan ng Lungsod ng Maynila, 2/12/08.
3. *Health Literacy in Epilepsy*. American Epilepsy Society Annual Meeting, Philadelphia, PA, 12/4/07.

4. *Interactive Website Discussion List for the International League Against Epilepsy*. International Epilepsy Congress, Paris, France, August, 2005.
5. *Therapeutic Equivalency of Generic Antiepileptic Drugs*. Neurology Grand Rounds. Worcester Medical Center, Worcester, MA, 5/6/2004.
6. *Fundamentals of Epilepsy Treatment*. Massachusetts College of Pharmacy and Health Sciences, Boston, MA, 4/19/01.
7. *Advances in pharmacology-new medication options for patients with epilepsy*, Pharmaceutical Research Institute, La Jolla, CA, 5/4/99.
8. *Advances in epilepsy therapy*, Rhode Island Hospital Neurology Grand Rounds, Providence, RI, 6/24/98.
9. *Advances in epilepsy therapy*, Rhode Island Hospital Medicine Grand Rounds, Providence, RI, 5/19/98.
10. *Epilepsy and seniors*, Epilepsy Foundation of Massachusetts and Rhode Island 3rd annual Rhode Island Conference, Providence, RI, 4/25/98.
11. *Current seizure disorder therapy*, Charter Oak Conference, the Connecticut Academy of Physician Assistants, Newport, RI, 4/1/98.

Radio and Television Interviews

1. DWLL 94.7 FM, Makati, Philippines, the DNA Wake-Up Show with Noel DeLarosa and Daphne Mitra-Medical Journalism, March 12, 2008.
2. DWLL 94.7 FM, Makati, Philippines, the DNA Wake-Up Show with Noel DeLarosa and Daphne Mitra-Epilepsy Call-In Show and Announcement of Epilepsy Book, January 31, 2008.
3. DWLL 94.7 FM, Makati, Philippines, the DNA Wake-Up Show with Noel DeLarosa and Daphne Mitra-Travel Commentary on MRT and Jeepneys and Announcement of Epilepsy Book, January 11, 2008.

4. DWLL 94.7 FM, Makati, Philippines, the DNA Wake-Up Show with Noel DeLarosa and Daphne Mitra-Travel Commentary and Announcement of Epilepsy Book, December 28, 2007.
5. DWLL 94.7 FM, Makati, Philippines, the DNA Wake-Up Show with Noel DeLarosa and Daphne Mitra-Epilepsy and Jeepney Commentary, November 16, 2007.
6. DWLL 94.7 FM, Makati, Philippines, the DNA Wake-Up Show with Noel DeLarosa and Daphne Mitra-Epilepsy and Tagalog Language Commentary, November 9, 2007.
7. DWLL 94.7 FM, Makati, Philippines, the DNA Wake-Up Show with Noel DeLarosa and Daphne Mitra-Sagada Cultural Highlights, November 6, 2007.
8. DWLL 94.7 FM, Makati, Philippines, the DNA Wake-Up Show with Noel DeLarosa and Daphne Mitra-Tagalog Language Commentary and Current Events, October 22, 2007.
9. DWLL 94.7 FM, Makati, Philippines, the DNA Wake-Up Show with Noel DeLarosa and Daphne Mitra-Tagalog Language Commentary, October 19, 2007.
10. DWLL 94.7 FM, Makati, Philippines, the DNA Wake-Up Show with Noel DeLarosa and Daphne Mitra-Tagalog Language Commentary, October 15, 2007.
11. DWLL 94.7 FM, Makati, Philippines, the DNA Wake-Up Show with Noel DeLarosa and Daphne Mitra-Tagalog Language Commentary and Current Events, October 5, 2007.
12. DWLL 94.7 FM, Makati, Philippines, the DNA Wake-Up Show with Noel DeLarosa and Daphne Mitra-Tagalog Language Commentary, October 1, 2007.
13. DWLL 94.7 FM, Makati, Philippines, the DNA Wake-Up Show with Noel DeLarosa, Daphne Mitra, and Chessy-Current Events Commentary, September 24, 2007.
14. DWLL 94.7 FM, Makati, Philippines, the DNA Wake-Up Show with Noel DeLarosa, Daphne Mitra, and Chessy-Medical Commentary, September 18, 2007.

15. DWLL 94.7 FM, Makati, Philippines, the DNA Wake-Up Show with Noel DeLarosa, Daphne Mitra, and Trixia DeLaCruz-Epilepsy Call-In Show and Commentary, April 4, 2007.
16. DWLL 94.7 FM, Makati, Philippines, the DNA Wake-Up Show with Noel DeLarosa, Daphne Mitra, and Trixia DeLaCruz-Neurology Highlights and Medical Missions, March 6, 2007.
17. Newport “Crossed Paths” with Charlie Berlutti, Newport Public Access Channel 18, January 23, 2006.
18. WBLQ 94.1 FM, Westerly, RI, with Charles Estabrooks, November 4, 2005.
19. Newport “Crossed Paths” with Charlie Berlutti, Newport Public Access Channel 18, May, 2005.
20. Newport “In Focus” with Colette Schwoeri, Newport Public Access Channel 18, March, 2005.
21. WBZ 1030 AM, “Radiospots”, interview with Jordan Rich, November 23, 2003.
22. WLIE 540 AM, “Coping Conversations”, interview with Dr. Bob Phillips, Director of Long Island’s Center for Coping, Talk Show Host, September 9, 2003.
23. KEYL 99.7 FM, “Take It For What It’s Worth”, interview with Sandy Sandberg, Talk Show Host, January 10, 2003.
24. KEYL 99.7 FM, “Take It For What It’s Worth”, interview with Sandy Sandberg, Talk Show Host, February 27, 2003.

Video

November 17, 2010 Applying new MS treatments to your practice.

<http://www.medscape.com/viewarticle/731794>

October 22, 2010 ECTRIMS 2010: Orals, retinal imaging, and other highlights. <http://www.medscape.com/viewarticle/730955>

April 21, 2010 AAN 2010 Expert Video: Epilepsy Highlights
<http://www.medscape.com/viewarticle/720520>

June 2010 Best Practice Series: Epilepsy
<http://www.thedoctorschannel.com/video/3515.html>

May 21, 2009 AAN 2009: Practice parameter updates on women with epilepsy, EEG monitoring.
<http://www.medscape.com/viewarticle/703042>

Activities and Interests

Languages: Fluent French, Basic Tagalog

Community

Medical Missions to the Philippines:

1. Lingkod Timog, Zamboanga (Sangali, Taluksangay), February, 2009.

Lingkod Timog (Davao, Zamboanga (Maasin, Sangali), Basilan) February, 2008.

2. Lingkod Timog (Zambales and Zamboanga) and the Philippine American Medical Mission Foundation of Michigan (Nagcarlan, Laguna), January-February, 2007.

Board of Directors, List Academy of Music (2003)

Travel

Antigua, Argentina, Aruba, Austria, Belgium, Borneo, British Virgin Islands, Cayman Islands, Costa Rica, Dominica, Ecuador, England, France, Galapagos, Germany, Guatemala, Honduras, Hong Kong, Israel, Italy, Japan, Mexico, Monaco, Netherland Antilles, New Providence Island, Nicaragua, Panama, Philippines, Roatan Island, Scotland, Spain, Switzerland.

Sports: Sailing, scuba diving, underwater photography

Music: Piano

Awards and Honors

1. American Academy of Neurology Journalism Fellowship for Excellence in Medical/Health Reporting, 2008
2. Newport Film Salon Screenwriting Contest, 2004
3. American Academy of Neurology Award for Creative Expression of Human Values in Neurology, 2001
4. 2003 Fellow of the American Academy of Neurology (FAAN)
5. 1993 Fellow of American College of Physicians (FACP)

References: upon request.

January 2011